





Health House Menu

https://menulist.menu
Racecourse Promenade, Philip Gunewardena Mawatha, Colombo, Sri Lanka
+94117736600,+94777141786 - http://www.fitmeals.lk/









Health House Menu



Starters

STIR FRIED VEGETABLES WITH MUSHROOMS

Value Meals

EGG AND VEGETABLE RICE WITH CHICKEN

Pasta Corner

THE LANKAN STYLE PASTA

Fitbowls

SIMPLY SHREDDED

Ingredients Used

VEGETABLES

Picked For You

BULKING MEAL
THE GAIN TRAIN

Mains

CHICKEN GIRL'S CURRY
HEALTH HOUSE KOTTU CHICKEN
GRILLED PEANUT CHICKEN
HEALTH HOUSE KOTTU BEEF

Vegan

STIR FRIED BEAN CURD WITH RICE
PUMPKIN AND CARROT CURRY WITH
STEAMED RICE

HEALTH HOUSE GRILLED VEGETABLES
CURRIED VEGETABLE WITH RICE

Health House Menu



Health House

Racecourse Promenade, Philip Gunewardena Mawatha, Colombo, Sri Lanka **Opening Hours:**

Monday 11:00-22:00 Tuesday 11:00-22:00 Wednesday 11:00-22:00 Thursday 11:00-22:00 Friday 11:00-22:00 Saturday 11:00-22:00 Sunday 11:00-22:00 **a**gallery image

Made with menulist.menu