



...oms with Creamy Mash (GFA)	
...s and vegetables cooked with herbs in wine and served with...	
...guine with Prawn & Barramundi	39
All Red Barramundi served with Prawns, tossed with basil and cherry tomatoes	
Fish Red Curry (GFA)	36
Hungry (Go Barramundi) cooked with red curry in coconut cream, simmered garden vegetables, served with rice	
Pork Ribs (GFA)	35 / 40
Ribs braised in our five spice sauce and served w/ chips and salad	
1/2 Rack / Full Rack	
Lamb Shank (GFA)	38
Braised lamb shank served with mash, green beans and red wine tomato sauce	
Moroccan Rack of Lamb (GF)	40
Served with roast potatoes, baby spinach, pumpkin, olives, caramelized onion, balsamic & tzatziki	
Slow Cooked Beef Cheeks (GFA)	39
Served with creamy mash brown sugar glazed carrots	
Char-grilled T-bone (GFA)	40
*1/2 T-bone, creamy mash potato, broccoli & mushroom sauce	

SHARE PLATTERS

# Flametrees Restaurant, Cafe Bar Menu

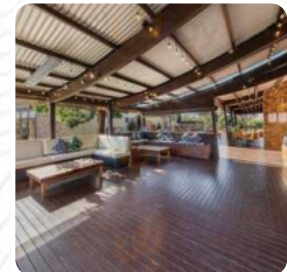
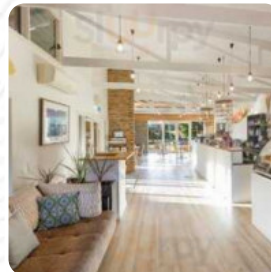
<https://menulist.menu>

2128 Phillip Island Rd, Cowes, Australia

+61359528000 - <https://ramadaphillipisland.com.au/dining>

... & Pepper Cream (GF)	18
... & ...	
Chicken Bites (GF)	18
... & ...	
Soft Shell Crab Rice	18
... & ...	
Baked Potatoes	18
... & ...	
- MAINS & SALADS -	
Fish & Chips	18
... & ...	
Chicken Popovers	18
... & ...	
Bacon Chicken	18
... & ...	
Chicken Melt (GF)	18
... & ...	
Pumpkin & Quinoa Salad (V) (GF)	18
... & ...	
Wood Char-Grilled Pork (GF)	18

Braised Mushrooms with Creamy Mash (GF) (V)	18
... & ...	
Langoustine with Prawn & Barramundi	39
... & ...	
Fish Red Curry (GFA)	36
... & ...	
Pork Ribs (GF)	35 / 40
... & ...	
Lamb Shank (GFA)	38
... & ...	
Moroccan Rack of Lamb (GF)	40
... & ...	
Slow Cooked Beef Cheeks (GFA)	39
... & ...	
Char-grilled T-bone (GF)	40
... & ...	
- SHARE PLATTERS -	



On this website, you can find the [complete menu](#) of Flametrees Restaurant, Cafe Bar from Cowes. Currently, there are 18 meals and drinks up for grabs. For changing offers, please contact the owner of the restaurant directly. You can also contact them through their website. What [Nathan Carra](#) likes about Flametrees Restaurant, Cafe Bar:

Amazing food, staff service and friendliness is amazing, highly recommend prices are very good also, great views will definitely return. Don't forget to try the pizza it's the best pizza we have had period just amazing can't recommend enough. Service: Dine in Meal type: Lunch Price per person: A\$20-40 Food: 5 Service: 5

Atmosphere: 5 Parking space: Plenty of parking Parking options: Free parking lot [read more](#). The place also offers the possibility to sit outside and have something in pleasant weather, and there is no-charge WLAN. The rooms on site are accessible, and therefore no problem for customers with wheelchairs or physiological limitations. At Flametrees Restaurant, Cafe Bar in Cowes, *delicious Australian meals* are freshly prepared for you with a lot of care and the classic ingredients such as bush tomatoes and caviar limes, Also, you shouldn't miss out on the delicious pizza, traditional freshly baked in a wood oven. After the meal (or during it), you can still relax at the bar with a **alcoholic or non-alcoholic drink**, on the menu there are also a lot of **Asian meals**.

# *Flametrees Restaurant, Cafe Bar Menu*



## *Main courses*

RIBS

## *Seafood*

CALAMARI

## *Pork*

PORK BELLY

## *Chicken dishes*

CHICKEN PARMIGIANA

## *Barbecue*

SPARE RIBS

## *Bread*

GARLIC BREAD

## *Meats*

PORK RIBS

*These types of dishes are being served*

BREAD

BURGER

TUNA STEAK

PIZZA

## *Ingredients Used*

PARMIGIANA

SEAFOOD

MOZZARELLA PASTA

PORK MEAT

GARLIC

CHICKEN

# *Flametrees Restaurant, Cafe Bar Menu*



## *Flametrees Restaurant, Cafe Bar*

2128 Phillip Island Rd, Cowes,  
Australia

### **Opening Hours:**

Monday 07:30 -20:30  
Tuesday 07:30 -20:30  
Wednesday 07:30 -20:30  
Thursday 07:30 -20:30  
Friday 07:30 -20:30  
Saturday 07:30 -20:30  
Sunday 07:30 -20:30

Made with [menulist.menu](https://menulist.menu)

 gallery image

