



Ground Up Cafe Menu

<https://menulist.menu>

501 Ruthervan St, Toowoomba, Queensland, Australia, 4350

<https://groundupespresso.orderup.com.au>



Here you can find the menu of Ground Up Cafe in Toowoomba. At the moment, there are 17 meals and drinks on the food list. You can inquire about changing offers via phone. What [Daniel Orzelek](#) likes about Ground Up Cafe: Food and coffee is top notch and doesn't sting your wallet. The laneway location can be tricky to find, if it's your first time but it's absolutely well worth it. Pity I live in Melbourne otherwise I'd be here every morning for breakfast. [read more](#). When the weather conditions is good you can also be served outside. At Ground Up Cafe, fine meals from around the world are freshly prepared for you, there are also **delicious vegetarian meals** in the menu. In addition to small snacks, sweet pieces and cakes, we also serve **cold and hot drinks**, Likewise, the guests of the establishment prefer the extensive variety of various *coffee and tea specialities* that the establishment provides.

Ground Up Cafe Menu



Sandwiches

HAM AND CHEESE

Fish

SMOKED SALMON

Dessert

BROWNIE

American Food

EGGS BENEDICT

Burgers

CHICKEN BURGER

Coffee

CAFÉ

French

CROISSANT

Chicken

SOUTHERN FRIED CHICKEN

FRIED CHICKEN

*These types of dishes are
being served*

TOSTADAS

BURGER

Ingredients Used

CHICKEN

CHEESE

HAM

SALMON

SENF

AVOCADO

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501 Rutherven St, Toowoomba,
Queensland, Australia, 4350

Opening Hours:

Monday 06:30 -14:00
Tuesday 06:30 -14:00
Wednesday 06:30 -14:00
Thursday 06:30 -14:00
Friday 06:30 -14:00
Saturday 07:00 -14:00
Sunday 07:00 -14:00

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