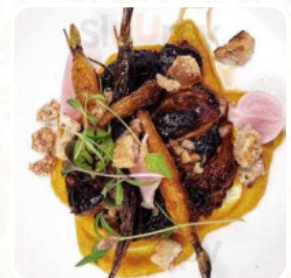




## Urban Grind Cafe Menu

<https://menuweb.menu>

145 Balgownie Rd | Shop 2, Wollongong, New South Wales 2519, Australia, BALGOWNIE  
+61242857477, +61242841430 - <https://www.facebook.com/Urban-Grind-Cafe-157922324260750/>



Here you can find the [menu](#) of Urban Grind Cafe in BALGOWNIE. At the moment, there are **18** courses and drinks on the food list.

# Urban Grind Cafe Menu



## Hot Drinks

COFFEE

## Egg Dishes

OMELETTE

## Coffee

ESPRESSO

## Hot Drink

HOT CHOCOLATE

## Nigiri And Sashimi

EGG OMELETTE

## Restaurant Category

GLUTEN FREE

## Salads



CHICKEN CAESAR

CHICKEN CAESAR SALAD

CAESAR SALAD

## Ingredients Used



EGG

CHOCOLATE

BANANA

## These Types Of Dishes Are Being Served

PANINI

BREAD

CHICKEN

SALAD

WRAP

FISH

# Urban Grind Cafe

145 Balgownie Rd | Shop 2,  
Wollongong, New South Wales  
2519, Australia, BALGOWNIE

### Opening Hours:

Monday 07:30 -16:00  
Tuesday 07:30 -16:00  
Wednesday 07:30 -16:00  
Thursday 07:30 -16:00  
Friday 07:30 -16:00  
Saturday 07:30 -14:00  
Sunday 07:30 -12:00

Made with [menuweb.menu](https://menuweb.menu)

