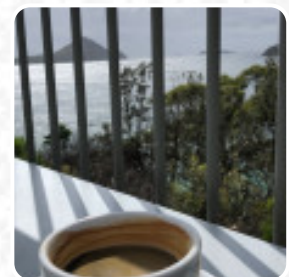
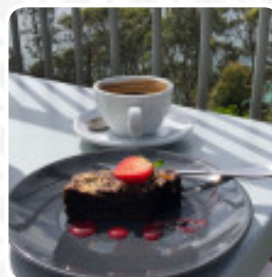
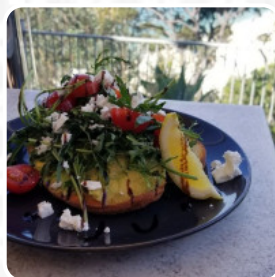




# Inner Light Tea Rooms Speisekarte

<https://speisekarte.menu/>

Inner Light Tea Rooms, Nelson Bay NSW 2315, Australia, Afghanistan  
**+61249842505 - <https://innerlighttearooms.com.au>**



# Inner Light Tea Rooms Speisekarte



## Burgers

VEGGIE BURGER

## Toast

TOAST

## American Food

EGGS BENEDICT

## Hot drinks

COFFEE

## Condiments and Sauces

HUMMUS

## Restaurant Category

VEGAN

## Dessert

BROWNIE

CREPES

## Ingredients

MILK

BEANS

OLIVES

SALMON

## Mains



SALAD

BURGER

TOSTADAS

PANINI

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## Inner Light Tea Rooms

Inner Light Tea Rooms, Nelson  
Bay NSW 2315, Australia,  
Afghanistan

### Öffnungszeiten:

Montag 08:30 -15:00  
Dienstag 08:30 -15:00  
Mittwoch 08:30 -15:00  
Donnerstag 08:30 -15:00  
Freitag 08:30 -15:00  
Samstag 08:30 -15:00  
Sonntag 08:30 -15:00

Gemacht mit [speisekarte.menu](https://speisekarte.menu)

