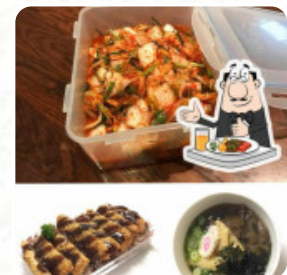
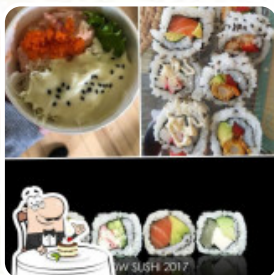




## Wow Sushi Menu

<https://menulist.menu>  
62 Commercial Rd, Helensville, New Zealand



A comprehensive [menu](#) of Wow Sushi from Helensville covering all 1 meals and drinks can be found here on the food list. For *changing offers*, please get in touch via phone or use the contact details provided on the website.

What [User](#) likes about Wow Sushi:

Love the food at WOW sushi. It is always fresh and super tasty. The owners are friendly and always go above and beyond. Best sushi around! The prawn salad it also a big winner too. [read more](#). The restaurant offers complimentary WiFi for its customers, And into the accessible spaces also come customers with wheelchairs or physical disabilities. If the weather conditions are right, you can also eat outside. In the Wow Sushi from Helensville, a lot of emphasis is placed on the preparation of **healthy, tasty Japanese meals** with fresh vegetables, fish and meat, Also, fans of Korean cuisine will be fully satisfied at the eatery with menus like Bap, Kimchi or Jjigae. But the undisputed highlight of this place is the tasty Sushi such as Maki and Sashimi, here they serve a comprehensive brunch for breakfast.

# Wow Sushi Menu



## Main courses

SUSHI

## Specialties

TERIYAKI CHICKEN

## Japanese specialties

MISO SOUP

## Yaki-Grill Menü

PRAWN

## Restaurant Category

VEGETARIAN

*These types of dishes are being served*

SALAD

SOUP

## Ingredients Used



CHICKEN

TERIYAKI

CHEESE

AVOCADO

CREAM CHEESE

MISO

WHITE RICE

TRAVEL

# Wow Sushi Menu



## Wow Sushi

62 Commercial Rd, Helensville,  
New Zealand

**Opening Hours:**  
Tuesday 11:00-18:00  
Wednesday 11:00-18:00  
Thursday 11:00-18:00  
Friday 11:00-18:00  
Saturday 11:00-18:00

Made with [menulist.menu](https://menulist.menu)

