



Spring Of Life Sol Menu

<https://menulist.menu>

3/391-397 Bong Bong St, Bowral, New South Wales, Australia, 2576

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On this webpage, you can find the complete menu of Spring Of Life Sol from Bowral. Currently, there are 15 courses and drinks up for grabs. For changing offers, please contact the owner of the restaurant directly. You can also contact them through their website. What [User](#) likes about Spring Of Life Sol:

I had a soy meat and grooming. yummy and warming on a cold day. my friend had a tasty looking soy chicken and vegetable mold roast. again looked very tasty. recommend this place. [read more](#). What [User](#) doesn't like about Spring Of Life Sol:

Visited October, 2013. A humble cafe, SOL Food may be small yet serves with a sweet spirit.. The menu reads By maintaining a good heart each moment, everyday is a good day. During my visit, they also had the famous pro vegetarian quote by Einstein presented on the wall, in both English Chinese. The food is mostly Asian style cuisine, rice paper rolls, [sushi](#), dumplings.. some dishes contain a little bit of mock meat.... [read more](#). In Bowral, traditional dishes are prepared in the kitchen of Spring Of Life Sol with typical Asian spices scrumptious, here they serve a *appetizing brunch* in the morning. In this restaurant there is also an large selection of **coffee and tea specialties** not to forget, Moreover, one can find an fine assortment of different **Malaysian national dishes** such as Wantan, Roti, Naan and also Ayam on the menu.

Spring Of Life Sol Menu



Main courses

SUSHI

Noodle in Soup

TAIWANESE

Coffee

COFFEE

Condiments and Sauces

CURRY

Malaysian / Oriental Cuisin

LAKSA

Hot drinks

TEA

HOT TEA

Restaurant Category

VEGETARIAN

VEGAN

Ingredients Used



MEAT

CHICKEN

VEGETABLE

GARLIC

ONION

TRAVEL

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New South Wales, Australia,
2576

Opening Hours:

Monday 10:00-16:00
Tuesday 10:00-16:00
Wednesday 10:00-16:00
Thursday 10:00-16:00
Friday 10:00-16:00
Saturday 11:00-16:00

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