



El Jardin Buffet Nutricional Vegetariano Menu

<https://menulist.menu>

Avenida De La Paz 1548, 44160 Guadalajara, Jalisco, Mexico, Afghanistan
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Here you can find the [menu](#) of *El Jardin Buffet Nutricional Vegetariano* in Guadalajara. At the moment, there are 28 courses and drinks on the menu. You can inquire about seasonal or weekly deals via phone. What [User](#) likes about *El Jardin Buffet Nutricional Vegetariano*:

the choices you have are mainly healthy and delicious. and above all there are many options to choose from. include water and dessert. The staff is super friendly. [read more](#). What [User](#) doesn't like about *El Jardin Buffet Nutricional Vegetariano*:

There was a bit of miscommunication with the staff as I don't speak Spanish. There was one person on staff who spoke english. They said that everything on the menu was vegan except for the eggs, and they could be replaced with tofu. However he misspoke here as you have to especially request vegan items. So when I ordered, I received [vegetarian](#) items covered in cheese (I could tell from the stretch of the cheese it wa... [read more](#). If you feel like **a dessert**, you should visit *El Jardin Buffet Nutricional Vegetariano* because they have **delicious desserts** that will surely satisfy the sweet-tooth in you, The visitors of the establishment also consider the large variety of various **coffee and tea specialities** that the restaurant offers. Even the versatile, scrumptious Mexican cuisine, traditionally cooked with corn, beans and chili, is very popular with the visitors, here they serve a diverse brunch in the morning.

El Jardin Buffet Nutricional Vegetariano M



Salads

TACOS

Non alcoholic drinks

WATER

Appetizers

YOGURT

Sandwiches & Hot Paninis

BURRITO

Dessert

DONUT

Tapas Calientes - Warme Tapas

CHORIZO

Modifiers

AGUA,

Breakfast Plates

CHILAQUILES

Coffee

COFFEE

Restaurant Category

VEGETARIAN

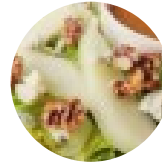
VEGAN

VEGETARIA

VEGETARIANA

DESSERT

These types of dishes are being served



SALAD

QUESADILLAS

DESSERTS

PIZZA

MUSSELS

Ingredients Used



EGG

MEAT

MILK

VEGETABLE

EGGS

TOFU

BROCCOLI

VEGETABLES

CHOCOLATE

CHEESE

MUSHROOMS

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Avenida De La Paz 1548, 44160
Guadalajara, Jalisco, Mexico,
Afghanistan

Opening Hours:

Monday 08:00-12:00 13:00-17:00

Wednesday 08:00-12:00 13:00-17:00

Thursday 08:00-12:00 13:00-17:00

Friday 08:00-12:00 13:00-17:00

Saturday 08:00-12:00 13:00-17:00

Sunday 08:00-12:00 13:00-17:00

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