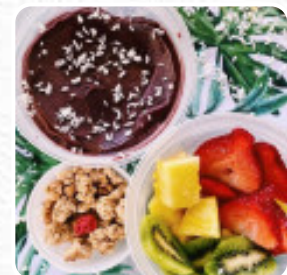
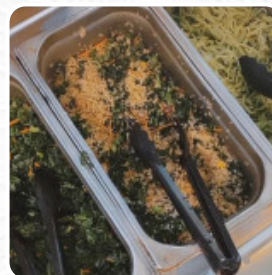


Vale Food Co Menu

<https://menulist.menu>

420 North Federal Highway, Fort Lauderdale, Florida 33301, United States, Afghanistan
+19543068692 - <http://www.valefoodco.com>



On this homepage, you can find the complete menu of Vale Food Co from Fort Lauderdale. Currently, there are **30** meals and drinks up for grabs. For *changing offers*, please contact the owner of the restaurant directly. You can also contact them through their website. What [User](#) likes about Vale Food Co:

This was my first experience to eat here, so I came to Super Bowl Sunday with my partner and we ordered a SUPER BOWL accordingly. It was amazing! More than enough to fill me and have leftovers for later! The quality of the ingredients are fab and fresh from the pot... literally! I will definitely come back for more and you should!

Your drinks are amazing and you will not feel guilty! [read more](#). The restaurant also offers the possibility to sit outside and eat in nice weather, And into the accessible rooms also come guests with wheelchairs or physical limitations. WiFi is available for free. What [User](#) doesn't like about Vale Food Co:

Be careful when you buy the voucher, Free Small Bowl with the purchase of a large drink. I ordered a small bowl with sweet potato noodles, kale ceasar and meatballs, nothing more. She wanted to charge me \$9. Instead of calculating \$1.50 for the additional base as the online ordering cost, she calculated me for a side order, \$ 4.50.

No, thanks. Went next door and for \$13 for a large bowl with fresh ingredients and chi... [read more](#). Brace yourself for unprecedented blends of different products at Vale Food Co in Fort Lauderdale, all in line with the vision of a fantastic fusion cuisine, You can also discover tasty South American menus on the menu. You can also look forward to **delicious vegetarian cuisine**, and healthy Japanese meals are being made with lots of freshly harvested vegetables, fish and meat.

Vale Food Co Menu

Vegetarian

CAULIFLOWER

Extras

SWEET POTATO

Starters & Salads

FRIES

Sauces

GUACAMOLE

Soft drinks

LEMONADE

Burgers

BEYOND BURGER

Pasta Zutaten

MEATBALLS

Drinks

DRINKS

Biscuits and Cookies

COOKIE

Condiments and Sauces

MUSHROOM

Bulk Meat By The Pound

BRISKET

Restaurant Category



VEGAN

VEGETARIAN

GLUTEN FREE

These types of dishes are being served

NOODLES

BREAD

BURGER

TURKEY

Ingredients Used



FETA

TOMATOES

VEGETABLES

TRAVEL

PESTO

SAUSAGE

VEGETABLE

TOMATE

QUINOA

BEEF

KALE

POTATOES

Vale Food Co Menu



Vale Food Co

420 North Federal Highway, Fort
Lauderdale, Florida 33301,
United States, Afghanistan

Opening Hours:

Monday 09:00 -22:00
Tuesday 09:00 -22:00
Wednesday 09:00 -22:00
Thursday 09:00 -22:00
Friday 09:00 -22:00
Saturday 09:00 -22:00
Sunday 09:00 -22:00

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