



https://menulist.menu

Shop 02, G/F, Exchange Tower, 33 Wang Chiu Rd, Kowloon Bay, Kowloon, Hong Kong, China

(+852)22970017 - https://www.foodpanda.hk/restaurant/s1yf/pret-a-manger-exchange-tower





The Card of Pret A Manger Exchange Tower from Kowloon includes about 89 different menus and drinks. On average, you pay for a dish / drink about ¥301. A visit to Pret A Manger Exchange Tower is particularly valuable due to the comprehensive diversity of coffee and tea specialties, The yummy **sandwiches**, healthy salads and other snacks are also suitable for a snack. Surely, it's also a nice event to feel like in the <u>Wild West</u> once, to drink and consume like the cowboys or even the bandits with a beverage or two paired with onion rings and a nice spicy burger, Inthemorning a **hearty brunch** is offered here.

	X/	
1		1
COL4	C	

Non alcoholic drinks		SWEET TREATS & SNACKS		
SPARKLING WATER	¥158	CHOC BAR	¥151	
Snacks		SANDWICHES,		
PRET BAR	¥151	BAGUETTES, WRAPS		
Wraps		CLASSIC SUPER CLUB	¥187	
SPICY FALAFEL WRAP	¥388	Breakfast Mood		
Quesadillas		ALMOND CROISSANT	¥158	
CHICKEN AVOCADO	¥180	Naan Wraps		
Soft drinks		KOREAN CHICKEN WRAP	¥381	
ORANGE JUICE	¥201	Short Cake		
Juices		OATMEAL AND RAISIN COOKIE	¥72	
CLOUDY APPLE JUICE	¥201	Soup (After 10:30am)		
Cookies		FRIDAY: SOUTHERN CHICKEN CORN CHOWDER	¥338	
CHOCOLATE ORANGE COOKIE	¥72	Grilled Sandwiches (Afte	r	
Bakery		10:30am)	-	
FRENCH BUTTER CROISSANT	¥151	SUPERCLUB	¥367	
Featured Items		Hot Baguettes (After		
PAIN AU RAISIN	¥158	10:30am)		
Modifiers		ROASTED PORTOBELLO MUSHROOM CHEESE	¥345	
FRENCH ROSE TEA LATTE	¥316	Hot Box (After 10:30am)		
Pies and Pasties		PASTA BOX ITALIAN MEATBALL	¥453	
BEEF AND ONION	¥223			

Hot Wraps (After 10:30a	•	WORK FROM HOME HOT WRAP \$784			
TYPHOON PRAWN HOT WRAP	¥395				
Yoghurt Bowls and Pots		Treats & Snacks			
DAIRY FREE OVERNIGHT OATS		LOVE BAR	¥151		
BOWL	¥316	PRET A MANGO	¥129		
Latte S' Il-Vous-Plaît		Ingredients Used			
FLAT WHITE (80Z)	¥295	CHOCOLATE	¥266		
• •		BANANA	¥65		
Teas & Infusion					
PEPPERMINT TEA	¥201	Hot drinks			
		WHITE AMERICANO	¥266		
Теа		MACCHIATO	¥173		
HOT TEA CLASSIC (ENGLISH BREAKFAST)	¥208	BLACK AMERICANO	¥266		
HOT TEA CLASSIC (EARL GREY)	¥208	Popular			
C24 -		DAILY SOUP: CLASSIC PUMPKIN	¥324		
Fruits		DAILY SOUP: MINESTRONE	¥324		
CLASSIC FRUIT SALAD	¥230	CHICKEN MUSHROOM HOT WRAP	¥395		
CITRUS FRUIT SALAD	¥230				
/// / //D 10 90 \		Bowls and Pots			
Wraps (After 10:30am)		FRESH FRUIT GRANOLA YOGHURT	¥252		
PEKING DUCK SALAD WRAP	¥381	BOWL STANDIA			
AVOCADO AND ROASTED PINE NUTS	¥381	FIVE BERRIES GRANOLA YOGHURT BOWL	¥230		
		BLUEBERRY APPLE GRANOLA	¥252		
French Pastries		BOWL			
VERY BERRY CROISSANT	¥158	PRET Chips			
CHUNKY CHOCOLATE COOKIE	¥72	TYRRELL'S CRISP CHEDDER			
		CHEESE AND CHIVE	¥151		
Work from home Set		TYRRELL'S CRISP SEA SALT	¥151		
WORK FROM HOME SANDWICH SET	¥611	BLACK PEPPER	_3 <u>_</u>		

TYRRELL'S CRISP LIGHTLY SEA	¥151	PRET'S OAT LATTE		¥338	
SALTED		ORGANIC COCONUT LATTE		¥338	
Dessert		ORGANIC COCONUT FLAT WHITE (80Z)		¥331	
CHOCOLATE BROWNIE BAR	¥151	FILTER WHITE COFFEE		¥216	
CHOCOLATE MOUSSE DESSERT POT	¥230	Granary (After 10:30am)			
NUTTY SALTED CARAMEL BROWNIE BITES	¥230	PRET'S FAMOUS BLT		¥187	
PRET'S BIRTHDAY LONGEVITY CAKE (PASSION FRUIT PEACH)	¥395	SCOTTISH SMOKED SALMON CUCUMBER		¥223	
		CHAR SIUNDWISH		¥223	
Coffee		BRITISH CHEDDAR AND PRET PICKLE		¥180	
MOCHA	¥309	EGG MAYO AND TOMATOES		¥158	
CAPPUCCINO	¥295	CRAYFISH ROCKET		¥237	
ESPRESSO	¥165				
HAZELNUT LATTE	¥324	Bevera	ges		
Salads (After 10:30am)			FLU FIGHTER JUICE	¥223	
outure (tyter 10.00th)		Common Co			
		200	LEMON TEA	¥208	
SCOTTISH ROASTED SALMON SOBA NOODLE SALAD BOWL	¥597		LEMON TEA PURE PRET STILL GREEN TEA PEACH	¥208 ¥187	
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON	¥597 ¥532		PURE PRET STILL		
SOBA NOODLE SALAD BOWL			PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE		
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON PROTEIN BOX EGG AND SPINACH PROTEIN POT SCOTTISH ROASTED SALMON	¥532	PURE PRE	PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE	¥187	
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON PROTEIN BOX EGG AND SPINACH PROTEIN POT	¥532 ¥216	PURE PRE	PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE DE IN UK) OLCANO JUICE	¥187 ¥144	
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON PROTEIN BOX EGG AND SPINACH PROTEIN POT SCOTTISH ROASTED SALMON	¥532 ¥216 ¥324	PURE PREFIZZ (MAD VITAMIN VITA	PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE DE IN UK) OLCANO JUICE	¥187 ¥144 ¥223	
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON PROTEIN BOX EGG AND SPINACH PROTEIN POT SCOTTISH ROASTED SALMON PROTEIN POT Baquettes (After 10:30an POSH CHEDDAR AND ROASTED	¥532 ¥216 ¥324	PURE PREFIZZ (MAD VITAMIN VI	PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE DE IN UK) COLCANO JUICE EA BOX ET SPARKLING GINGER	¥187 ¥144 ¥223 ¥2.149	
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON PROTEIN BOX EGG AND SPINACH PROTEIN POT SCOTTISH ROASTED SALMON PROTEIN POT Baquettes (After 10:30an POSH CHEDDAR AND ROASTED TOMATOES BAGUETTE	¥532 ¥216 ¥324 n)	PURE PREFIZZ (MAD VITAMIN VITA	PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE DE IN UK) COLCANO JUICE EA BOX ET SPARKLING GINGER ADE IN UK) OFFEE BOX ET SPARKLING GRAPE	¥187 ¥144 ¥223 ¥2.149 ¥144	
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON PROTEIN BOX EGG AND SPINACH PROTEIN POT SCOTTISH ROASTED SALMON PROTEIN POT Baquettes (After 10:30an POSH CHEDDAR AND ROASTED TOMATOES BAGUETTE JAMBON BEURRE BAGUETTES	¥532 ¥216 ¥324 n) ¥352 ¥338	PURE PREFIZZ (MAD VITAMIN VITA	PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE DE IN UK) FOLCANO JUICE EA BOX ET SPARKLING GINGER ADE IN UK) OFFEE BOX ET SPARKLING GRAPE OWER (MADE IN UK)	¥187 ¥144 ¥223 ¥2.149 ¥144 ¥2.401 ¥144	
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON PROTEIN BOX EGG AND SPINACH PROTEIN POT SCOTTISH ROASTED SALMON PROTEIN POT Baquettes (After 10:30an POSH CHEDDAR AND ROASTED TOMATOES BAGUETTE JAMBON BEURRE BAGUETTES CHAR SIU HOT BAGUETTE	¥532 ¥216 ¥324 1) ¥352 ¥338 ¥367	PURE PREFIZZ (MAD VITAMIN VITA	PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE DE IN UK) COLCANO JUICE EA BOX ET SPARKLING GINGER ADE IN UK) OFFEE BOX ET SPARKLING GRAPE OWER (MADE IN UK) TER PRET LABEL UK	¥187 ¥144 ¥223 ¥2.149 ¥144 ¥2.401	
SOBA NOODLE SALAD BOWL SCOTTISH SMOKED SALMON PROTEIN BOX EGG AND SPINACH PROTEIN POT SCOTTISH ROASTED SALMON PROTEIN POT Baquettes (After 10:30an POSH CHEDDAR AND ROASTED TOMATOES BAGUETTE JAMBON BEURRE BAGUETTES	¥532 ¥216 ¥324 n) ¥352 ¥338	PURE PREFIZZ (MAD VITAMIN VITA	PURE PRET STILL GREEN TEA PEACH (MADE IN UK) ET SPARKLING APPLE DE IN UK) OLCANO JUICE EA BOX ET SPARKLING GINGER ADE IN UK) OFFEE BOX ET SPARKLING GRAPE OWER (MADE IN UK) TER PRET LABEL UK ET SPARKLING LIME	¥187 ¥144 ¥223 ¥2.149 ¥144 ¥2.401 ¥144	

¥216

FILTER BLACK COFFEE



Pret A Manger Exchange Tower

Shop 02, G/F, Exchange Tower, 33 Wang Chiu Rd, Kowloon Bay, Kowloon, Hong Kong, China

Monday 07:30 -15:30 Tuesday 07:30 -15:30 Wednesday 07:30 -15:30

Opening Hours:

Thursday 07:30 -15:30 Friday 07:30 -15:30

