



Sarah's Sister's Sustainable Cafe Menu

<https://menuweb.menu>

117 Semaphore Rd, Semaphore, South Australia 5019, Australia, SEMAPHORE
+61884495817 - <https://www.vegetarianecocafe.com.au>



A comprehensive [menu](#) of Sarah's Sister's Sustainable Cafe from SEMAPHORE covering all 22 meals and drinks can be found here on the food list. [Vegetarian](#)/vegan cafe specializing in fresh, local takeaway food, coffee, and ready-to-eat meals. Our ingredients include produce grown in Community Gardens and Garden Schools, with a focus on promoting sustainability and reducing waste. We also collaborate with local schools, UniSA PCP Placement Students, and other community groups to further educate and support environmental initiatives. Since our founding in 1978, we have proudly served over 1 million customers and continue to prioritize environmentally-friendly practices, such as minimal waste and reducing Food Miles. Customers can also purchase a bottle of vegan wine with their orders.

Sarah's Sister's Sustainable Cafe Menu



Gnocchi

GNOCCHI

Snacks

BRUSCHETTA

Toast

TOAST

Breakfast

BIG BREAKFAST

Sauces

MUSHROOM SAUCE

Dessert

FRESH FRUIT SALAD

Tapas

EGGPLANT TAPAS

Hot Drinks

COFFEE

Bread

BAGUETTE

Sauces

SAUCE

Restaurant Category

VEGETARIAN

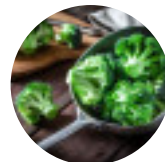
VEGAN

These Types Of Dishes Are Being Served

MEAT

TOSTADAS

Ingredients Used



BROCCOLI

VEGETABLES

YOGURT

COCONUT

FRUIT

MILK

MUSHROOMS

TOMATOES

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117 Semaphore Rd, Semaphore,
South Australia 5019, Australia,
SEMAPHORE

Opening Hours:

Sunday 9:00-15:30

Monday 9:00-15:30

Tuesday 9:00-15:30

Wednesday 9:00-15:30

Thursday 9:00-15:30

Friday 9:00-15:30

Saturday 9:00-15:30

Made with menuweb.menu

