Foods For Life Menu

Here you can find the **menu** of Foods For Life in Adelaide. At the moment, there are **28** meals and drinks on the food list. Foods for Life offers a selection of store-made, locally sourced, fresh, and seasonal food and drinks. Guests can enjoy cake and coffee, grab lunch, or choose a take-home product for a healthy dinner. Options include gluten-free, egg-free, raw, and paleo items. Juices and smoothies, specially created by our Naturopaths and Nutritionists, are available for those in a hurry. Our store is dedicated to helping South Australians stay healthy, offering a variety of lifestyle products such as vitamins, supplements, sports nutrition, and healthy body and home options. Our in-store nutritionists and naturopaths are available to assist you with your health and wellness needs.

Foods For Life Menu

Salads

SALAD BOWL

Smoothies

SMOOTHIE

Soups

SOUP OF THE DAY

10 Most Popular

TABBOULEH

Oriental Dishes

FALAFEL

Wraps

FALAFEL WRAP

Drinks

DRINKS

Indian

CHICKEN CURRY

Vegan Dishes

VEGAN BURGER

Hot Drinks

COFFEE

Breakfasts

ACAI BOWL

Restaurant Category

VEGETARIAN

GLUTEN FREE

VEGAN

These Types Of Dishes Are Being Served

BURGER

WRAP

SOUP

SALAD

Ingredients Used

QUINOA

TOMATO

BEANS

EGG

VEGETABLES

BUTTER

MILK

CARAMEL

ALMOND MILK

BROCCOLI

Foods For Life

58a Gawler Pl, Adelaide, South Australia 5000, Australia

Opening Hours:
Monday 8:00-17:30
Tuesday 8:00-17:30
Wednesday 8:00-17:30
Thursday 8:00-17:30
Friday 8:00-19:00
Saturday 10:00-17:00

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